

CONTACT MAGAZINE



No. 393

October 2025

Extrinsic

Did you know...

www.wurc.org.uk

is our church internet address. Look us up sometime!

Minister:

Reverend Craig Bowman

Email: minister@wurc.org.uk



Dear Friends

It seems more and more people are commenting on the state of the world these days; not just on television and in the media but in everyday conversation with family, friends, neighbours and people in church. People are disheartened, frightened and angered by what they see and read. War in Ukraine which seems no nearer a resolution; destruction in Gaza which brings us close to tears and anger as those who suffer most are those who have no power to change anything; Yemen, Syria, Sudan and Myanmar where the ongoing conflicts rarely make the headlines any longer; the rising tide of right wing political parties and their leaders across Europe, North America and here in Britain; financial uncertainty for many, especially younger people in our nation; these are just some of the things that dismay and bring fear.

'What can we do?' is often the question on our minds. When faced with the big world issues the answer can seem to be 'very little' when considering war in other parts of the world, but our prayers and our votes are powerful things and should not be underestimated. Our prayers offered, not just for a general peace, but for those caught up in violence and horror, those with power to make decisions and those who have gone to help, whether volunteers, medics or members of the armed forces seeking to support allies.

However, when it comes to our own land, there is much that we can do. Of course, when elections come around, we will need to consider very carefully where we believe disciples of Jesus should offer our support but before then we still need to act. I don't mean by joining peaceful demonstrations and media campaigns, although there

may be some amongst us for whom that is something they feel deeply about. What seems more immediate is how we live our daily lives. Society around us appears characterised by a lack of humanity with a tendency to intolerance. The dehumanising of others and a complete disregard for the views or experience of others, combined with a seeming readiness to violence seems to be the prevailing attitude.

And you know what? I just don't like it but also believe it is not the way I want my life or any other life to be lived. I certainly don't believe it is the way life should be lived by the disciples of Jesus. When someone shouts I am not going to raise my voice. When someone demeans another I am not going to accept their valuation of that person. When someone espouses violence as the solution to their perceived injustice I am not going to raise my fists, my weapons or my voice. Ah, say some, you are just letting others dominate. No I am going to live the way I believe Jesus would want, valuing others (especially the marginalised), treating each person I encounter as a child of God, and, above all, being a person of peace in a disturbed and disturbing world.

I am reminded of the opening verses of the final chapter of the 1^{st} letter of Peter. This section is addressed to leadership in the church but its message speaks well to all of us. In essence it says trust God, care for those around you and be humble with one another. This is the way I want to live, struggle to live and encourage you to live. Don't be dragged into the ways of the world – be disciples of Jesus.



It Happened in an October

4 October: Sputnik is launched (1957)

The 'Space Age' was heralded with the launch of Sputnik 1, as the Soviet Union sent the first satellite into orbit.

11 October: The Boer War begins (1899)

A bitter colonial war began between Britain and the Boers in South Africa. The Boers (Boer meaning 'farmer') were the descendants of Dutch East India Company settlers at the Cape of Good Hope. The conflict lasted until 1902 and ended with a British victory, with the Boer territories becoming British colonies.

12 October: Columbus reaches the New World (1492)

After 33 days at sea, Italian explorer Christopher Columbus landed in the New World after sighting the Bahamas.

14 October: Battle of Hastings (1066)

The great armies of King Harold II of England and Duke William of Normandy clashed as they fought for the throne of England. The Saxon king was defeated and a new era of English and European history was ushered in.

16 October: Disney Brothers Studio founded (1923)

Created by American animator and entrepreneur Walt Disney and his brother.

21 October: Battle of Trafalgar (1805)

It is one of the most famous naval battles in history and took place off the coast of Cádiz, Spain. Without losing a single ship, a British fleet under Vice -Admiral Horatio Nelson, decimated a combined French and Spanish fleet.

25 October; The Battle of Agincourt (1415)

The Battle of Agincourt took place in northern France and was part of the Hundred Years' War, a conflict between England and France.

29 October: Turkey is founded (1923)

With the demise of the 600-year-old Ottoman Empire after WWI, Turkey was officially declared a republic on 29 October 1923.

31 October: Battle of Britain ends (1940)

After nearly four months of heroic defence by the RAF, the Battle of Britain came to an end. Had the German Luftwaffe successfully claimed dominance over British skies, Hitler would likely have ordered a full-scale invasion.







Elles House, Shotfield

will be supporting

Macmillan

with an afternoon of coffee and cake on Wednesday 15th October.

Please come along for tea and coffee, cakes and a Tombola

From 3.30pm

Everyone Welcome!

and...only one month later...



Please come along to help us to raise money for our chosen charity:

on

Saturday 15th November 11.30am-2.30pm

We can accept donations of some items...

Gift Items Christmas Decorations

TOYS Toiletries

Donations of money or chocolates for the very popular Chocolate Tombola

Home-made cakes will be very welcome

any offers of help for this event will be gratefully received



Celebrating 60 Years!

Kathleen Claridge

1965 saw the creation of the Greater London Council and the new London Boroughs.

Sutton, together with Merton and Kingston was separated from the Surrey County Council and so had to create new charities, including the one for the Blind.

Surrey Voluntary Association for the Blind had two hostels which it sold and the proceeds were shared between the three new London Boroughs.

I had been a representative of the Sutton Blind Club on Surrey Association's committee, and was asked to set up a new Charity in Sutton.

After several steering committee meetings, the Sutton Association for the Blind was established at Wallington Town Hall, with 40 people attending, in May 1965. Colonel Wells, a local dignitary, chaired the meeting and S.A.B. was launched.

For 34 years, I was first the Secretary, then the Chairman of the Association.

I resigned in 1999 when preparations were underway to obtain premises and employ a paid Manager of the Association (now renamed Sutton Vision).

American Presidents have libraries names after them when they complete their term in office. I have a room named after me at Sutton Vision's premises in Robin Hood Lane!

The 60th Anniversary was celebrated at Throwley Yard on Thursday, 25th September.

The United Reformed Church (URC) engages with the Taizé Community, an ecumenical monastic fraternity in France known for its meditative worship, reconciliation, and community, through various means such as holding Taizé-style services within URC churches, organizing youth pilgrimages to the Taizé community, and featuring Taizé music and chants in their services.

What is the Taizé Community?

The Taizé Community is an ecumenical monastic community founded by Brother Roger Schütz in 1940. It is located in Taizé, France, and consists of brothers from various Christian denominations who are dedicated to a life of prayer, simplicity, and reconciliation.

Letter 2025, Hope Beyond All Hope Frère Matthew - Taizé

Listening to young people in Taizé and elsewhere, many of whom are confronted with harsh realities in their everyday life, I ask myself how they find the strength to carry on. The question becomes even more pressing when they are living in war zones.



Where do their resilience and perseverance in seemingly impossible

situations come from? It became clear to me, as I listened, that trust in God enables people of faith to nurture a hope. And through the Resurrection of Jesus, a certainty grows that death will not have the last word.

Trust in the Resurrection gives hope that the weariness of life is not the final point. We are called to something more. It is this hope that young people wanted to share with me, a hope that is beyond all hope because it counts on new life to arise when all seems lost.

Mary sang in her cry of praise and hope: "With the strength of his arm, God scatters the proud. God casts down the mighty from their thrones and lifts up the lowly. God fills the hungry with good things and sends the rich away empty-handed." (Luke 1:51-53) Yes, let us dare to sing with her and to pray for situations to change. Even when God seems silent, a path may suddenly open up.

At the same time, let us do what we can, even when it may not seem much, to express signs of solidarity with people in distress around us, or who are caught up in war or forced to leave their country. Is it not this that will enable us to hope beyond all hope?

The reflections that follow come in large part from the meetings and conversations with young people living in countries at war or zones of conflict over the last year. I am full of gratitude towards those who shared their experiences and thoughts and also to our youngest brothers whose careful counsel put everything in order.

The Courage To Hope

When we long to trust in God's love, what we see and sense around us so often seems to contradict that love. We are caught between what is already given and what is still to come. This space is not always very comfortable. But when it opens out towards a hope of fulfilment, then something is set free within us.

Hope requires patience. "We hope for what we cannot see" (Romans 8:25), says the Apostle Paul. Turned towards what will come in fullness in God's time, yet also troubled with "fighting without and fear within" (2 Corinthians 7:5), do we dare to hold ourselves in that space rather than fleeing it?

"Hoping against all hope, Abraham believed" (Romans 4:18). Abraham, the forebear of many people of faith, held on to God's promise far beyond any reasonable hope. He and his wife Sarah received what seemed impossible for them.

At a time when his country was devastated by war and its inhabitants threatened by exile, and though he was himself in prison, the prophet Jeremiah made an investment in the future: he bought a field, so sure was he that God would not abandon his people (Jeremiah 32:6-15).

Such an astonishing gesture of hope makes faith become more real. It is a firm trust in what is as yet invisible and even uncertain. Can we hold on to such a hope? This ultimately reopens the source of joy. Even in the most complicated human situations, what we had never dared hope for can become reality.

Today, incredible initiatives of hope are springing up in many countries where war wreaks havoc.

Listening To People Of Hope

To help us understand better what hope means, we need to listen to people who live in the midst of distress and violence. Is it not through their voices that God will lead us?

During my visit to Ukraine with two of my brothers, a church leader told us: "Prayer opens up a space that allows healing".

I was very struck by his remark. Constantly confronted with the pain of his people, he sees that it is in their inner life that believers can stay open to welcome what is new.

This is a process that does not necessarily produce immediate results, but which, perhaps accompanied by other means, opens a door to overcoming hurts and sorrow, and awakens the hope of a healed humanity. Prayer gives strength to stand firm in the face of the most complex situations. It breaks the waves of discouragement when darkness seems to engulf everything.

A Palestinian woman living in France, but whose family is in Gaza, wrote to us: "The love that carries the wounded, the fragile, gives new strength. It makes me think of the paralysed man in the Gospel, carried by his friends and their faith. Prayer is also a way of resisting, and that's important to me. But I'm human: after the news of the death of two members of my family, anger overwhelmed me, I shouted, I cried.... When I came to my senses, I knew that God is there in suffering and despair, and that God carries us."

This summer, while visiting Taizé, she said: "Every morning, I pray to



find the strength to love rather than hate." Her words are like a lamp on the road.

A young woman from an Asian country wracked by war told me: "Our people are overwhelmed but find comfort in the Gospel. How often were God's people on the run? Still, community was created no matter how hard the situation was. God may have greater plans for us, but we must take one day at a time. Being able to live

the present day is a gift and a sign that life is there to be lived fully. In prayer, there is a source of peace which enables us to encourage one another, finding meaning in sharing and solidarity."

From Lebanon, I heard these words: "My mother is a testimony to hope. Despite everything, she always stayed standing. It's because of her that I am who I am today. She taught us how to have faith in God and to pray. Each person who lives from trust reflects trust because they drink at the source and can become witnesses."

Who are the witnesses of hope that each of us can discover and listen to in our own situations? Let us open our ears to hear what they have to say.

Striving For Hope

How do we react when our plans are frustrated and our hopes are dashed? Jesus gives us a key to how we can remain people of hope. Faced with a large crowd of hungry people, he "had compassion" on them, literally "his heart went out" to them. And he found a way to satisfy their needs.

That refusal to resign ourselves to situations of distress allows hope to take shape within us. It is the opposite of waiting passively, it involves a struggle, there is no other way. Even our very longing for hope can lead us across the threshold from what is humanly possible to what is possible for God.

The hope given with Christ grants us a foretaste of what is to come about in fullness in God's future. It is like a ship's anchor. It holds us firm when the storm is raging. It allows us to live out little signs of our faithfulness to the calling we have received and to the people entrusted to us. It is also like a helmet, protecting us from the adversity that can rain down upon us. The Rule of Taizé speaks of never resigning ourselves "to the scandal of the separation of Christians who so readily profess love for their neighbour and yet remain divided". For Brother Roger the unity of Christians was never simply a goal in itself, but a way to lead towards peace within the human family.

The humble boxwood bushes around Taizé, though ravaged twice by parasites these past years, are suddenly springing to life again. From what was apparently dead, fresh sprigs grow as grey turns to green. Nature fights to survive, mirroring and encouraging our own fight to hope. Hope for creation, and hope provided by God's good creation, go together with hope for humanity.

Remaining People Of Hope

Hope can so easily be smothered when we are faced with situations where no mutual understanding seems possible. Creating an atmosphere of suspicion risks ensnaring others in a net of mistrust.

This can happen in our communities, churches and families, as well as in society and in our countries. Such dynamics may be hidden or open, but they always drain our strength. Yet there are times when, faced with injustice, we must denounce evil so that people are no longer victims of other people.

To remain in hope, we need each other. Hope flourishes when we are attentive to the needs of others. We can see people who even in the midst of the greatest adversity make a choice to live, to smile and to offer the little things that are possible each day.

Hope is linked to truth and justice.

Is this because they are qualities of God? Do we not see them in the life, death and Resurrection of Jesus? Nurturing hope requires facing the reality as it is, and seeing it in the light of God's promises.

A young person living in a conflict zone told me: "I was in a café reading my book, when rockets started to fly around us. People ran out, full of emotion, but I decided to stay and finish my reading." Looking for shelter would also have been a sensible option, but sharing this story is a protest of hope against the ineluctability of war.

One of my brothers told me: "Hope is provocative, and more than that, it is contagious. The opposite of hope is indifference or resignation. During a recent visit to my country, which is hit by war, I saw people's faces sad, worried and stressed. So I asked myself: "What can I do?' And an idea came to me: whenever I'm driving and have the right of way, I will stop and give priority to the person in front of me. This costs me five seconds. But I could see this small act making people's faces respond, easing my brother's or sister's pain a little.

Everything in us resists war and death... Everything in us aspires to life and beauty."

Easter Hope

Where am I at this moment? At the foot of the Cross on Good Friday? In the joy of Easter Sunday? Or waiting not knowing where to turn on Holy Saturday?

Wherever I stand, can I glimpse a path of hope? It opens up before me when I look on Jesus who gave his life in love for all, who showed us a love which is stronger than all the powers of violence, hatred and death.



Hope does not rely upon analysis of the situation but on what is often a flickering flame of trust. Though fragile, this flame burns in the deepest night, as it did for the friends of Jesus. Many of them abandoned him at the time of his greatest trial. His love enabled them to return.

If only we could recognise the Risen Jesus! But his presence does not depend upon our recognition. Our hopelessness sometimes blinds us as it blinded Mary of Magdala. The Risen Jesus asked Mary: "Why are you weeping?" and "Who are you looking for?" (John 20:15). This second question echoes his very first words in John's Gospel "What are you looking for?" (John 1:38). After he has entered into the deepest human sorrow and death, the search for meaning turns out be desire for a presence.

Risen from the dead, alive in God, Jesus draws us to himself. Meeting us in our innermost being, whether it is filled with sadness or joy, the Risen Jesus opens to us his relationship with the Father and to communion with each other in the Holy Spirit. We are no longer prisoners of our own despair – a new life is possible.

Paul writes: "Hope does not disappoint us, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us" (Romans 5:5). Let us live from that love. May the Holy Spirit lead us always!



Pilgrims Of Hope, Pilgrims Of Peace

Faith in the Resurrection has enabled many people to cling on to hope in the midst of distress. It is a source that leads us beyond our own impossibilities, so as to let our heart go out towards others and to act.

To believe in the Resurrection of Jesus takes a lot of courage and daring. It means striving not to be paralysed by the presence of death and destruction that are around us today.

Out of situations that seem hopeless, God can create something new. God can bring life out of death and even reconciliation out of conflict.

The women, Jesus's friends, who came early on Easter morning to his tomb were asking "Who will roll away the stone?" (Mark 16:3). What are the stones in our own lives that we must ask God to roll away so that new life may be born within us?

That new life helps us to stand up, it leads us to journey together with others. We become pilgrims of the hope that we carry within us. Is it not also a hope for peace? For "Christ is our peace" (Ephesians 2:14). Will we hear him say to us: "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid" (John 14:27-28).

As pilgrims of peace, we understand that there is no true peace without justice. The peace we carry within us, which comes from the hope we live from, makes us inwardly free. It allows us to love life and resist injustice, as we persevere moved by the Holy Spirit.

One day, we may find ourselves praying the song of Zechariah. An elderly man in an occupied land, he rejoiced over an unexpected birth and celebrated "By the tender mercy of our God, the dawn from on high will break upon us to give light to those who sit in darkness and in the shadow of death, to guide our feet into the way of peace" (Luke 1:78-79).

Are We Ready To Hope Beyond All Hope?

Risen Christ, by the presence of the Holy Spirit, you have poured God's love into our hearts and you enable us to hope beyond all hope. And from deep within us, little by little, a surprising peace emerges. Praise be to you!



Create a quiet space:

Create a quiet, peaceful space to pause, and allow yourself to feel God's presence alongside you. Each morning the United Reformed Church has a reading, reflection and short prayer which helps us to focus on our journeys of Christian discipleship.

Church Related Community Work 2

Galatians 3:28

There is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus.

Reflection

It's not controversial to say that discrimination isn't part of God's hope for the world and its people. Saying that we should, therefore, do all we can to bring it to an end often is! Dismantling discrimination is a core part of Church Related Community Work and something CRCWs seek to build into everything we do.

Since coming into office, the Trump administration has been making a big show of removing Disability, Equity, and Inclusion (DEI) programmes from public life in the United States. In the UK sentencing guidelines, and the rights of trans people, have been loudly and angrily debated. Some people feel strongly that attempts to tackle discrimination have gone too far. I suspect that this is because dismantling discrimination is painful for those of us who benefit from the status quo.

When Paul wrote to chastise the Galatians for their behaviour, I suspect that his words were warmly received by slaves, women, and Gentile church members. Those who were free, male, or Jewish (and in particular anyone who combined all three of these characteristics) would have found them more challenging - threatening even. Their status in the church, and power over others within it, were called into question. These were people, after all, who their culture held were better than others. Now, at least in the Church, they were to be treated as equals with those of lower social ranks.

Unfortunately, the Church's history of discrimination did not end with a rebuke from Paul. The Church has continued to echo society in discriminating against people on the grounds of skin colour, gender, sexuality, mental and physical health, place of birth, economic status, religion, and more. Paul's words travel down the centuries and challenge us.

We follow a saviour who sided with the powerless and the excluded of his time, do we do the same? Or do we uphold systems and structures that confer power and status on some people to the cost of others?

Prayer

Lord, we live in a divided and unfair society, we know the world is not as you would want it to be. We ask forgiveness for those times we have benefited from discrimination and for the insight to see the systems and structures that perpetuate it. Help us, Lord, to be part of the solution, in the Church and in the world Amen

Today's writer

Andy Littlejohns is a Church Related Community Minister at Chorley URC, Lancashire

A Spell Before Winter Poem by Howard Nemerov

After the red leaf and the gold have gone, Brought down by the wind, then by hammering rain Bruised and discoloured, when October's flame Goes blue to guttering in the cusp, this land Sinks deeper into silence, darker into shade. There is a knowledge in the look of things, The old hills hunch before the north wind blows.

Now I can see certain simplicities
In the darkening rust and tarnish of the time,
And say over the certain simplicities,
The running water and the standing stone,
The yellow haze of the willow and the black
Smoke of the elm, the silver, silent light
Where suddenly, readying toward nightfall,
The sumac's candelabrum darkly flames.
And I speak to you now with the land's voice,
It is the cold, wild land that says to you
A knowledge glimmers in the sleep of things:
The old hills hunch before the north wind blows.

Taken from 2021 Prayer Handbook 'hidden in plain sight'

Edited by Francis Brienen and Michael Jagessar

The 2021 Prayer Handbook is made up of a mixture of prayer styles and approaches. We live in a world of distractions. Information overload disables our sense of perception. What is right before and around us can seem so far away, even non-existent. We4 hope that these prayers, inspired by God's Spirit will lead us to discern God's goodness at work, extending far beyond our sight and imagination.

Money, money, money

By Tim Yau

Almighty God,

money makes the world go round.

But in the beginning you created the heavens and the earth.

Lord Jesus Christ,

people know the price of everything and the value of nothing. But you paid the price for everyone and value the hearts of all.

Holy Spirit, all that glitters is not gold. But you reveal the true riches of God.

Help us, Lord, to reject the spirit of Mammon and the mirage of prosperity. Let us instead store up treasures in heaven and discover our place with you.

Encountering difference

By Tessa Henry-Robinson

You, Lord, are always ready to lift us up whether we are short or tall, black or white, rich or poor.

You know how stubborn we can be, often too proud to change, and to walk your way.

And as church too, Lord, we are often reluctant to take risks and embrace new things.

Into our messy lives
you sent your son
to show us how to step out boldly,
walking your way.

Lord,

cause us to be intentional about embracing difference, and courageous about encountering you.

Walk and Talk

Friday mornings. 10 am for walking. 11am for a cuppa

We're often at Dobbies or Oaks
Park and sometimes elsewhere. Please
Ring Sheila on 07905 301309 for the day's plan if you
would like to join us for
Walking and/or Talking.

Everyone welcome.

Diary Dates						
October						
Sunday	5th	10.30am	Morning servicewith the Sacrament of Holy Communionto be led by Revd Craig Bowman			
		To be foll	lowed by Church Meeting			
Sunday	12th	10.30am	Morning serviceto be led by Rev Leonora Jagessar -Visser't Hooft'			
Sunday	19th	10.30am	Morning servicewith include our service for Harvest Festival, to be led by Revd Craig Bowman			
Sunday	26th	10.30am	Morning serviceto be led by Phil Hyde			
November	ſ					
Sunday	2nd	10.30am	Morning servicewith the Sacrament of Holy Communionto be led by Revd Craig Bowman			
Sunday	9th	10.30am	Morning serviceto be led by Alan Cruchley			
Sunday	16th	10.30am	Morning service to be led by Revd Craig Bowman			

PLEASE NOTE...Articles for the November 2025 issue of Contact should be given to Janet or Robin Willis by Friday 24th October unless a later date has been agreed by prior arrangement.

Contributions are very acceptable by e-mail: jmw321wmj @ yahoo.co.uk.

Sudoku Answers for September

8	9	5	3	1	2	7	6	4
1	7	6	9	8	4	2	5	3
4	2	3	6	7	5	8	9	1
7	4	1	2	3	9	6	8	5
2	5	8	1	6	7	4	3	9
6	3	9	4	5	80	1	7	2
5	8	4	7	9	1	3	2	6
3	1	7	5	2	6	9	4	8
9	6	2	8	4	3	5	1	7

The Underground Game (September Answers)

Find the name of a London Underground Station for each of these clues. (Answers next month)

	•	•
1.	Letter to the Corinthians	St Paul
2.	Longest reign (when compiled)	Victoria
3.	Anyone for Tennis?	Wimbledon
4.	Seven Husbands for	Seven Sisters
5.	In the Hops Country	Kentish Town
6.	New Street for	Old Street
7.	Egg Shaped	Oval
8.	Pillar of stone	Monument
9.	Timber Ashes	Burnt Oak
10.	Arms Dump	Arsenal
11.	Up the Wrong Tree	Barking
12.	H ₂ O for a Laurel	Bayswater
13.	Over the Eyes	Temple
14.	Botanical Bliss	Kew Gardens
15.	A Messenger of God	Angel



The Underground Game...Part 2

Find the name of a London Underground Station for each of these clues. (Answers next month)

1.	Is Falling Down	
2.	England Expects	
3.	Clerical Envy	
4.	Off with his head!	
5.	Please cross here, Sir	
6.	Women's Lib ends here!	
7.	Alpine Hut	
8.	Limit of 1760 yards	
9.	Irate Monarch	
10.	Oriental Pig	
11.	Napoleon's Finale	
12.	Royal Judgement	
13.	Sea Defence	
14.	African Chefs	
15.	Nobleman Captured	

D	s	I	s	R	Α	Е	L
С	Ε	D	s	s	E	L	В
U	Т	٧	G	s	ı	E	Α
R	I	Е	0	w	ı	G	L
S	В	0	S	Т	N	N	Α
E	Α	D	K	Е	ı	Α	K
F	0	R	С	Е	D	0	Υ
G	M	Α	Α	L	Α	В	N

Bible Word Search: Balaam

Angel, Balaam, Balak, Beg, Bless, Curse, Devotion, Forced, God's will, Israel, Moabites, Sin

Bible Word Search: Born Again Through Christ

Baptism, Forgive, Found, God, Healing, Humble, Peace, Search, Sheep, Shepherd, Spirit, Water

D	F	0	R	G	I	٧	Е
0	R	S	F	0	U	N	D
G	R	E	L	В	М	U	Н
Р	E	Ε	Н	S	Α	٧	С
М	S	I	Т	Р	Α	В	R
G	N	I	L	Α	E	Н	Α
E	С	Α	E	Р	W	Н	E
E	D	T	I	R	I	P	S

A sudoku puzzle consists of a 9 by 9 grid. This grid is subdivided into nine 3 x 3 boxes.

Some of the cells in the grid are prefilled with a number between 1 and 9, while many other cells are blank.

Your job is to determine the correct number to be entered in each of the empty cells.

The numbers 1 to 9 must appear just once in each row, column, and 3 x 3 box.

				_				
4		2		7	1		5	
						7	8	2
7				2	9		5	
			1		6	4		7
1		4				6		5
6		5	2		7			
	4		9	8				6
2	8	6						
	5		7	6		3		8
	,				,			

EVERY WEEK AT WALLINGTON U.R.C.

Times of Worship

Sunday 10.30am Family Service

Activities you can find on our Premises

Monday - Friday 9.15am-1.15pm Holmwood Pre - school

Monday	10.00-11.00am	Yoga
	1.00-2.30pm	Al-Anon
	2.00-4.00pm	Bananas Art

7.00-9.30pm Pilates (two classes)

Tuesday 9.15am-1.20pm Hartbeeps (mother and baby activities)

10.00-11.00am Pilates 12.30-2.30pm AA Meeting

1.40-3.40pmU3A Art group (fortnightly)5.00-6.00pmRainbows(1st South Wallington)6.00-7.30pmBrownies (10th Wallington)

8.00-10.00pm Epsom Downs Badminton, Winter(Sept-May)

Wednesday 10.00-11.30am Baby Massage 7.30-10.00pm Chess Club

Thursday 10.00-11.00am Pilates

11.00-12.00noon Senior Movers Exercise

1.15-3.15pm Lace Making

2.00-4.00pm Ladies' Badminton, Winter(Sept-April)

2.00-4.00pm Fallen Angels Drama

6.00-7.00pm Pilates

7.25-10.00pm Carshalton & Wallington Art Group

Friday 9.30am-12.30pm NAS Coffee morning (monthly)

9.30am-3.00pm Reading Fairy Sutton 6.45-8.30pm Guides(8th Wallington)

Saturday 8.30-9.30am Fitness

10.00-12.15pm Zumba



South London Tamil Church (SLTC)

SLTC invite you to join them for their Sunday service which starts at 3pm.

Everyone welcome!